



Hello. My name is Aminata - I am in my third year of Nursing (SRN) studies and am supported by i-step-up programme.

This term I have been doing lots of classroom teaching with some practical work too - some of this has been based at Masanga Hospital in Tonkolili district where I have been working for several years. It has been a very busy term where we have learnt lots and put some of our classroom teaching into use with practical days on the wards too - these are my favourite. We have taken exams for our midwifery placement recently too. During our midwifery placement we learnt about care of pregnant women (including high risk pregnancy), labour and the delivery of a newborn. This has included learning about assisting in vaginal deliveries, managing women who are bleeding before and after labour and recognising high risk pregnancies eg twins and how to manage them safely. During our midwifery placement we also learn about neonatal care too - this has included neonatal resuscitation which was important and great to learn about. I am sure these skills will be used in my future career.

I most enjoy the afternoon practicals and I am looking forward to studying for my school final exams near the end of this year and hopefully graduating after my State Board exams. I think my exams will be in November 2024 but do not have a date yet. I have enjoyed working with both adults and children so am not sure yet what I will do or where I will be working after I finish my studies but I am looking forward to hopefully graduating and finishing my course - it has been hard work but also rewarding!

